

IYA AND THE MAP OF GENTLE JOURNEYS

FUN SHEETS

MANI MAHESH AURORA

bare
ones

Draw Here

GETTING READY FOR THE MOUNTAINS

LET'S PACK YOUR BACKPACK

Write down 5 items you want to pack for your own mountain trip. Don't forget to include eco-friendly items!

- 1.
- 2.
- 3.
- 4.
- 5.

Now, draw your backpack and the items you're packing. Make it colourful and fun!

TRAVEL LIGHT, TRAVEL RIGHT

PACK WISELY

Find the five words that harm the environment. Remember, responsible travellers pack wisely!

A E L M O R T C E L E B R A B A R E
T R A S H C A N N E D F O O D S B O
P L A S T I C B A G S U Y T R E N E
E D I S P O S A B L E S A F E T S Y
Y P E R F U M E S R E C Y C L E B E
I T S T I M E T O R E D U C E R E S
U S E R E U S A B L E B A G S T O E

ROLLING RAILS TO THE MOUNTAIN VILLAGE

CHHUK CHHUK TRAIN BINGO: TRAVEL LIKE A STAR

Planning your next adventure? It doesn't matter what mode of travel you choose—train, bus, or car! On the BINGO card (p. 5), circle each box when you spot or perform these good travel habits. Can you get five in a row and become a *Travel Star*?

ROLLING RAILS TO THE MOUNTAIN VILLAGE

- Asked 'May I?' before taking a seat.
- Complimented someone politely.
- Finished your snack without making a mess.
- Followed safety signs.
- Gave up your seat for someone who needed it.
- Greeted a co-passenger.
- Helped a child or parent.
- Helped someone older.
- Kept your things neatly packed.
- Listened to music with headphones.
- Made space for others to sit.
- Observed something new outside the window.
- Offered help with luggage.
- Played a card game.
- Read *Iya and the Map of Gentle Journeys*.
- Said 'Thank You' to someone.
- Sat properly without putting feet on the seat.
- Shared your snack.
- Smiled at a fellow traveller.
- Threw trash in a dustbin.
- Used a hand sanitiser.
- Used a quiet voice.
- Waited in line patiently.
- Woke up early to get ready on time.
- Wrote or drew something during the journey.

Chhuk Chhuk Train BINGO

greeted a co- passenger	shared your snack	wrote or drew something during the journey	smiled at a fellow traveller	made space for others to sit
threw trash in a dustbin	asked 'May I?' before taking a seat	listened to music with headphones	followed safety signs	gave up your seat for someone who needed it
helped someone older	said 'Thank You' to someone	read IYA AND THE MAP OF GENTLE JOURNEYS	complime- nted someone politely	played a card game
used a quiet voice	kept your things neatly packed	woke up early to get ready on time	observed something new outside the window	sat properly without putting feet on the seat
waited in line patiently	used a hand sanitiser	finished your snack without making a mess	helped a child or parent	offered help with luggage

WELCOME TO THE MOUNTAIN VILLAGE

BLEND IN WITH NATURE

Pick the right clothes and accessories you would wear on a hike so animals can feel safe and you can feel comfy! Circle the clothes that blend in with nature. Cross out the ones that are too bright.



FRIENDS IN THE FOREST

TRAVEL TIME MACHINE

Call or sit with someone older—your grandparent, uncle, aunt, or a neighbour. Ask them how they used to travel when they were your age!

Use the questions below to start your time-travel talk.

Ask them:

What was your favourite way to travel when you were little?

Did you ever ride a train, bullock cart, bicycle, or boat?

What was a journey you still remember?

Now write or draw:

One old transport you had never heard of before:

One thing they said that surprised you:

Draw what their journey might have looked like!

Draw Here

NATURE'S CLASSROOM

MATCH THE FOLLOWING

On the following page, match things Iya finds in the food forest (A) to where they come from (B).

A



B

leaves and plants

goat

apple tree

windy orchard floor

cow, buffalo, or goat poop

**the forest
or dry tree branches**

beehive

HARVESTING HAPPINESS

DRAW YOUR OWN FOOD FOREST

What to add:

Five yummy things to eat (from trees, bushes, or soil)

Examples: mango, carrot, banana, tomato, coconut

Five birds

Examples: parrot, sparrow, owl, peacock, woodpecker

Five insects

Examples: butterfly, honeybee, ant, ladybug, dragonfly

Other forest friends (add any of these or your own!)

- A pond or stream
- Mushrooms
- A treehouse or hut
- A compost pile
- Friendly animals like a goat or cow

HARVESTING HAPPINESS

Draw Here

HARVESTING HAPPINESS

BONUS

Use bright colours.

Give names to your birds and insects!

Circle your favourite fruit or vegetable in the forest.

GOODBYE TO THE MOUNTAINS

MY VACATION JOURNAL

My five favourite things from Iya's trip:

- 1.
- 2.
- 3.
- 4.
- 5.

Five things I want to try on my next vacation:

- 1.
- 2.
- 3.
- 4.
- 5.

ANSWER KEY

TRAVEL LIGHT, TRAVEL RIGHT

Pack Wisely

A E L M O R T C E L E B R A B A R E
T R A S H C A N N E D F O O D S B O
P L A S T I C B A G S U Y T R E N E
E D I S P O S A B L E S A F E T S Y
Y P E R F U M E S R E C Y C L E B E
I T S T I M E T O R E D U C E R E S
U S E R E U S A B L E B A G S T O E

NATURE'S CLASSROOM

Match the Following



